

## LIVING HUMAN TREASURE

*"There is not a thing which is more positive than bread".*

*Dostoevski*

*Bread is one of the greatest discoveries of mankind! There is no doubt that bread is the most common food found on dinner tables worldwide. But, Bread is not only a food, it is a symbol of spirituality and a reflection of cultural traditions. The secret of Bread lies in its true gastronomic, spiritual and cultural uniqueness.*

*Religiously speaking, Bread in many of its manifestations is present at every period of human life, from birth to death and even after death. The story of Bread is a story of the existential and symbolic life of the human race that has always been ethically and historically important! This story should not be forgotten!*

*But even given these facts, we know comparatively little about Bread: its symbolic and ethnological meanings, its cultural influence through history, varieties of Bread, baking methods and, in general, about its value to our lives.*

*Many aspects of the world's respective "Bread heritages" have not been fully researched or recorded. Meanwhile, traditional Bread recipes have been forgotten or are in danger of disappearing.*

*"Bread - The World's Heritage" is envisaged as a mosaic programme of research, information and educational projects, taking also into account the symbolical role Bread plays in our religious, cultures and everyday life. With those aims in mind we started to work on various long-term projects.*

*This programme will be carried out by researchers and other partner institutions step by step in the coming years*